

**FRESH WRAPS**

Available wraps: plain, wheat, tomato basil or spinach, choose your favorite.

**Southwest Chicken Wrap** - Grilled all-natural chicken with black beans and corn salsa with Cheddar cheese & chipotle mayo ... 6.99

**Gyro Wrap** - Spicy beef & lamb stuffed into fresh, soft pita bread, topped with tomatoes, red onions, feta cheese & just the right amount of our Tzaziki sauce ... 6.99

**Sicilian Wrap** - Grilled all-natural chicken, Provolone, & spicy tomato pepper sauce with leaf lettuce, tomato, & red onion ... 6.99

**Mediterranean Wrap** - Hummus, Feta cheese, black olives, tomato, lettuce & Tzaziki sauce ... 6.99 (add chicken for 1.00)

**Chicken Caesar Wrap** - Grilled all-natural chicken, romaine lettuce & Parmesan, topped with Caesar dressing ... 6.99

★ *Fresh Salads* ★

Served with tomatoes, cucumbers, green peppers and side of bread.

(except Caesar)

**Santa Fe** - Add just the right spice to your life with a combo of grilled all-natural chicken, corn & tomato salsa & Cheddar cheese tossed with mixed greens, spicy ranch dressing & crispy wontons ... 8.29

**Orchard Salad** - Crisp green apples, all-natural chicken, toasted walnuts, blue cheese crumble & Craisins tossed with mixed greens, balsamic vinaigrette & our multi-grain croutons ... 8.29

**Greek Salad** - Kalamata olives, pepperocini & Feta cheese with a scoop of potato salad with greek dressing ... 7.49

**Chef Salad** - Mixed greens topped off with ham, turkey, Genoa salami, Provolone & American cheeses and 1/2 of a hard-boiled egg and your choice dressing... 8.29

**Garden Salad** - Mixed greens with tomatoes, cucumbers, and your choice of dressings ... 6.49

**Asian Wonton** - All-natural chicken, snapped edamame, shredded carrots, crispy wontons with mixed greens & orange sesame ginger dressing ... 8.29

**Spinach Salad** - This power-packed salad has baby spinach, bacon, mushrooms, red onion, tomatoes & hard boiled egg ... 7.99

**Downtown Delight** - Grilled all-natural chicken, crisp bacon, avocado, bleu cheese crumble, tomatoes & spring mix with balsamic vinegarett ... 8.29

**Hail Chicken Caesar** - Crisp Romaine lettuce, grilled all-natural chicken, Parmesan cheese & croutons. Served with our creamy Caesar dressing ... 7.99

**Gyro Salad** - Spring mix with spicy gyros & Kalamata olives, pepperocini, Feta cheese & greek dressing ... 8.29 (Add pita bread for 1.00)

**MAKE IT A MEAL for \$2.29!**

Includes 20 oz fountain drink and one choice of the following:

Homemade Potato Salad, Homemade Pasta Salad, Homemade Coleslaw, Chips, or Fresh Baked Cookie.

\* Substitute Caesar salad, garden salad or French Fries add \$1.00.

**SIGNATURE TURKEY**

**Turkey in the Slaw** - A combo of turkey breast & melted Swiss, pressed hot on Cuban bread & topped with our coleslaw ... 7.29

**Crescent City** - A flaky croissant with layers of turkey breast topped with Provolone, cranberry mayo & tomato served hot or cold ... 7.49

**Wild Turkey** - Cuban bread, tender turkey breast, crispy bacon, Cheddar, blue cheese crumbles, and bacon mayo, pressed hot & crunchy! ... 7.69

**Uptown Turkey** - A delicious combo of turkey, crispy bacon, sliced avocado, leaf lettuce, red onion, tomatoes & mayo served on delicious toasted whole wheat bread ... 7.69

**NEW YORK FAVORITES**

**Reuben** - Thinly sliced, lean corned beef, piled high between slabs of toasted marble rye, tangy sauerkraut, Russian dressing & melted Swiss make this sandwich a real work of art! ... 7.69

**Bull Market** - Crusty Cuban bread, lean corned beef, brown mustard & melted Provolone. We squash it & slop it full of our homemade cole slaw! ... 7.49

**Classic Corned Beef** - Thinly sliced hot corned beef piled high between Jewish rye with brown mustard ... 7.49

**SPECIALTY SANDWICHES**

**Old Broadway** - Cuban bread packed with roast beef, turkey breast, Swiss & Russian dressing. Pressed hot, & loaded with homemade cole slaw ... 7.69

**Cuban** - The sandwich that made Tampa famous! We serve it pressed hot with mayo-mustard blend & pickles on Cuban bread ... 6.99

**Hurricane** - Turkey breast, ham, roast beef, bacon & Provolone, pressed hot on Cuban bread with bacon mayo, tomato, & red onion ... 7.99

**The Bentley** - Thinly sliced roast beef with grilled onions, spinach, blue cheese crumble, and bacon mayo, pressed on cuban bread ... 7.49

**Loaded Po' Boy** - Baked ham and our thinly-sliced roast beef, dipped in our Au Jus topped with mayo, shredded lettuce, and pickles ... 7.69

**B.L.T.** - Six slices of crispy applewood bacon, piled high with tomatoes, green-leaf lettuce with delicious cracked pepper balsamic mayo ...6.99

**Liberty Bell** - Smoked ham and Cheddar cheese with honey mustard on toasted whole wheat with leaf lettuce, tomato, and red onion ... 6.99

**Say Cheese** - Mmmmm! A gooey meltdown of Swiss, Cheddar, Provolone & American cheese with cukes, bell peppers, black olives, marinated tomatoes & onions, pressed hot & crunchy ... 6.99

**Mayhem** - Ham, turkey, roast beef, melted provolone, pressed hot on Cuban bread & loaded with homemade coleslaw! ... 7.69

**SIGNATURE BEEF**

**Amore** - Thinly sliced roast beef, garlic mayo, tomato and red onion & topped with melted Provolone. Pressed on Cuban bread ... 7.49

**Two-Alarm Fire** - Thinly sliced roast beef served with a spicy tomato pepper sauce, melted Provolone, mayo, tomato & red onion, pressed on Cuban bread ... 7.49

**Chicago Italian Beef** - Just say Jake & Elwood sent me! Served with roasted bell peppers or hot giardiniera ... 7.49

**Bermuda Triangle** - Thinly sliced roast beef, Bermuda onion, & horseradish sauce, pressed hot & crunchy on Cuban & topped with coleslaw ... 7.49

**LITTLE ITALY**

**The Italian** - Spicy cappacola, Genoa salami, pepperoni & Provolone, pressed hot with marinated tomatoes & topped with pesto mayo ... 7.49

**Muffaletta** - Cappacola, Genoa salami, & Provolone, pressed hot on Cuban bread with our famous homemade olive salad! ... 7.49

**Veggie Capri** - Artichoke hearts, marinated tomatoes, fresh spinach, pesto mayo, & Provolone cheese, pressed on Cuban bread ... 6.99

**Tuscana** - Grilled chicken with sun-dried tomatoes, topped with pesto mayo, fresh spinach ... 7.49

**CAFE CLASSICS**

**Oven Roasted Turkey and Cheddar Cheese** - leaf lettuce, tomato, and mayo on sourdough or wheat ... 5.99

**Smoked Ham & American Cheese** - leaf lettuce, tomato, and mayo on sourdough or wheat ... 5.99

**Grilled Cheese** - Sourdough bread, butter, and old-fashioned american cheese. Yummy! ... 5.99

**SOUP & CHILI**

**HOME-STYLE CHILI**

Our secret recipe topped with sharp Cheddar cheese, tortilla strips, and chopped red onion.

Cup .....4.99  
Bowl.....5.99

**HOMEMADE SOUPS**

Mama's Chicken Noodle and Tomato Basil. The perfect addition to any meal! Served daily.

Cup .....3.69  
Bowl .....4.69

..... *Pick Two COMBO* .....

Includes two of the following: ½ Sandwich\*, ½ Caesar Salad, ½ Garden Salad, Soup.... 7.49 Add Roadhouse Chili for \$1.00 more!

\*excludes wraps & croissants

★ *Full-Service* COFFEE BAR ★

We offer a complete selection of hand-crafted coffees and hot beverages, including:

**Hot Espresso Drinks**

**Fresh-brewed Coffee**

**Iced & Frozen Coffee Beverages**

**Fruit Smoothies**

**Hot & Iced Teas**

Decaf, flavor shots, skim, coconut & almond milk are available.

**BREAKFAST ENTREES**

Served daily until 10:30am

**American Scrambler** - Start your day the All-American way with scrambled eggs, crisp smoked bacon, breakfast potatoes, and buttered Cuban toast ... 6.49

**Farmhouse** - Wake up to eggs scrambled with bell pepper, red onion, mushroom and Cheddar cheese. Served with breakfast potatoes and buttered Cuban toast ... 6.49

**Nosh's Scrambler** - Scrambled eggs with chicken-apple sausage, fresh spinach, bell peppers, mushrooms and Cheddar cheese with breakfast potatoes and buttered Cuban toast ... 6.99

**CLASSIC PEANUT BUTTER**

**Classic PB & J** - Peanut butter spread thick over a layer of strawberry or grape jam ... 4.99

**Peanut Butter Cup** - Peanut butter kissed by a delicious, chocolatey Nutella ... 5.99

**Cookie Dough Explosion** - Peanut butter on one side and a velvety cream cheese on the other, stuffed with chocolate chips ... 5.99

**Nosh's Special** - Toasted bagel topped with peanut butter, drizzled with honey and sprinkled with cinnamon ... 5.99

**Fluffernutter** - Peanut butter on one side and gobs of marshmallow fluff spread on the other ... 5.99

**The Elvis** - A toasted peanut butter sandwich, stuffed with banana and honey. Try it with bacon for an extra indulgence! ... 5.99 (add bacon 1.00)

**BREAKFAST SANDWICHES**



Sandwiches can also be served on a bagel, croissant, wrap or sandwich bread. Egg whites are available - 50¢

**ECH** - Egg, ham & cheese pressed inside buttered Cuban bread! ... 4.49

**ECS** - Egg, pork sausage & cheese pressed hot inside buttered Cuban bread! ... 4.99

**ECB** - Egg, crispy bacon & cheese pressed hot inside buttered Cuban bread! ... 4.49

**EC** - Egg & cheese pressed inside buttered Cuban bread! ... 3.99

**CAS** - Chicken-apple sausage, eggs, cheese on sourdough toast ... 4.99

**French Breakfast** - A light and buttery croissant stuffed with scrambled eggs, ham or bacon, sliced tomatoes, & Cheddar cheese ... 4.99

**Gyro Breakfast** - Egg, gyro meat & Feta cheese, pressed inside Cuban bread ... 4.99

**Cuban Toast** - Made the old-fashioned way! ... 1.99

**Cuban Breakfast** - Provolone & Swiss, pressed hot inside buttered Cuban bread ... 3.49

**Cuban Cinnamon** - Toast, cinnamon, sugar & butter ... 2.49

**Nova Salmon** - Smoked salmon topped on choice of bagel with cream cheese, capers, red onions & tomatoes ... 7.99

**FRUITS, GRAINS, & BAGELS**

**Crunchy Honey Banana Oatmeal** - A large bowl of oatmeal with granola, walnuts, dried cranberries, sliced bananas & honey and 1/2 cuban cinnamon toast... 4.49

**Oatmeal** - Warm and hearty old fashioned oatmeal made with milk. Top it off with all of our delicious additions: dried cranberries, brown sugar, cinnamon, and toasted walnuts and 1/2 cuban cinnamon toast... 3.49

**Strawberry & Banana Parfait** - Start your day with layers of crunchy granola, low-fat strawberry yogurt & a combination of strawberries & bananas ... 3.99

**Peanut Butter Parfait** - Sliced bananas, creamy vanilla yogurt, a dollop of peanut butter, honey, & granola ... 3.99

**Bagels** - Choose from plain, wheat, poppy seed, sesame, cinnamon raisin, and everything ... 1.59  
(with butter 1.99, cream cheese 2.99, jelly 1.99 & peanut butter 2.99)

**Kids Value Meal**

1/2 Sandwich, chips and 12 oz drink (soda, milk or chocolate milk) .....4.99



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**Monday-Friday 7am-4pm  
Saturday 8am-3pm**

We have **Delivery** in the Oldsmar Area



*Catering is Available!*  
visit [nosholdsmar.com](http://nosholdsmar.com) for details